



Philosophy Of Athletics at Alameda International High School.

At Alameda Intl, we believe that the opportunity for participation in a wide variety of student-selected activities is a vital part of a student's educational experiences. Such participation is a privilege that carries with it responsibilities to the school, to the activity, to other students, to the community, and to the athletes themselves. These experiences contribute to the development of learning skills and emotional patterns that enable the student to achieve maximum benefit from his or her education. Alameda Intl High School's student athletic program, a supplement to the school's academic program, strives to provide experiences that will help students develop physically, mentally, socially, and emotionally. The Alameda Intl Athletic Program is committed to:

Provide a superior program of student activities that includes appropriate activities for every participant.

1. Provide an opportunity for students to experience success in those activities.
2. Provide an opportunity for students to manage their time effectively.
3. Create a desire in students to succeed and excel.
4. Teach students to practice self-discipline and emotional maturity by learning to make decisions under pressure.

5. Facilitate social competency and teach students to operate within a set of rules, thus gaining a respect for the rights of others.
6. Provide an opportunity for students to develop their physical skills in a safe and structured environment.
7. Model quality adult leadership while developing leadership skills in student leaders.
8. Create the desire and culture for good citizenship in the school and in the community.

CUTTING AND TEAM SELECTION:

In light of realistic constraints of facilities, personnel, equipment and team sizes, not all students will be able to participate. Therefore, a fair system of tryouts will be utilized at Alameda Intl when necessary to assure equitable opportunity for each student to secure a place on the Alameda Intl athletic team.

ATTENDANCE AT SCHOOL AND GAME OR PRACTICE PARTICIPATION:

Student athletes are expected to be in class each and every day regardless of whether it is a practice day or a day of contest. Alameda Intl International School believes that athletes are students first; therefore, the high school seeks to assist students in their academic progress and the expectation for all students to be successful. One's attendance is optimal in order for academic success. Student athletes should notify coaches prior to the absence.

1. Absences – In order for an athlete to participate in a practice or athletic contest, they may only miss one class period on that day. Exceptions to this rule must be verified prior to the absence.

2. Early Release – Students leaving school early due to illness or a non-approved reason will not be allowed to attend or participate in any athletic activity on that day.

Athletes are expected to attend all scheduled competitions and practices during the course of the entire season (including tournament competition after the regular season has ended). Exceptions may be granted by coaches and may include school activities, medical/dental appointments, family emergency, religious obligations, and tutorial assistance.

-5 Excused/Unexcused Absences will be allowed. After these are exhausted the student will meet with the Athletic Director and removal from the team may be the option.

-This will require that your staff is taking attendance and reporting issues to the Athletic Director.

-This will be a part of the start of year evaluation and end of year evaluation.

-Emergency missed games/practices/matches will be handled on a case by case basis and confirmed by the athletic office with a phone call home to the parents. If emergency missed games/practices/matches become an issue, the student will have a meeting with the athletic office, parent and coach and possible removal from the team may be considered.

Disciplinary Issues:

What Is Cheating? There are numerous definitions of cheating, but they all come down to one basic concept: You cheat when you are not honest in your conduct or your work. This means you cheat when you do any of the following:

- claim credit for work that is not your own,
- use unauthorized aids when taking tests or completing assignments,
- submit the same work for more than one assignment,

- make up sources or information, or
- assist other students in cheating. Examples of Cheating Copying:
 - turning in work that you say is your own but really isn't
 - cutting and pasting from websites without citation
 - copying directly from a book without citation
 - using images, art, drawings, or photos without citation
 - asking someone to rewrite or re-do your work for you
- Helping other students cheat:
 - allowing another student to copy your work
 - sharing information about a test with a student who hasn't taken it yet
 - helping a student with an assignment in a way that is not authorized

Loss of Playing Time or Removal from Team:

-The loss of playing time or the removal from a team will be handled on a case by case basis. Items that will start the discussion for loss of playing time or removal from the team include but are not limited to the following.

- Excessive Academic or Behavioral Refocuses
- Cheating
- Fighting
- Use of Alcohol
- Use of Illegal Drugs
- Bullying/Hazing
- Vandalism
- Trespassing
- Stealing
- Any action that would be deemed detrimental to one's self or the team.

PARENT/COACH COMMUNICATION

Parents and coaches are important role models for students. They both provide necessary guidance to young adults in their development and their understanding of the world in which they will live and work as adults. When parents and coaches understand and respect each other, they can work together to benefit children. You have a right as a parent to understand the commitment, expectations and responsibilities that accompany participation in the Alameda Intl Athletic Program. Clear communication between parents and coaches facilitates this understanding. Listed below are a number of steps to enhance parent/coach communication. It is important also to remember that the first link in the communication network is the one established between coach and student. Encourage your son or daughter to exercise the opportunity to speak directly with his/her coach about any topic preferably before a parent/coach conversation is scheduled.

Communication a parent might expect from a coach:

1. Philosophy of the coach.
2. Locations and times of practices and contests.
3. Expectations the coach has of the team and the players.
4. Team requirements.
5. Team disciplinary action that results in the denial of your child's participation
6. What role parents may play to help the coach or team...i.e. scorekeeper, help with awards program, etc.

Communication coaches might expect from a parent:

1. Concerns expressed directly to the coach.
2. Notification of any scheduling conflicts well in advance.
3. Specific concerns in regard to coaches' philosophy or expectations.

Procedure to set up a Parent/Coach Conference There are situations that may require a conference between the coach and the parent. Please do not attempt to

contact a coach before or after a practice or game. These can be emotional times for both the parent and the coach. Meetings of this nature do not promote resolution. Please wait 24 hours before making contact with the coach. When these conferences are necessary, the following procedure should be followed.

-Call to set up an appointment with the coach. You should have that information in your policy sheets.

Often it is difficult to accept that your child is not playing as much as you hope. Coaches are professionals. They make judgment decisions based on what they believe to be the best for all students involved. Certain things can and should be discussed with the coach. Other things must be left to the discretion of the coach.

Appropriate concerns to discuss with a coach:

1. The emotional and skill development for your child.
2. Ways that your child might be able to improve.
3. Concerns about your child's behavior with the team and on the practice/game field.
4. The future of your child's play at the next level.

Issues not appropriate to discuss with coaches

1. Athlete's playing time
2. Team Strategy
3. Organization and administration of team and program
4. Other student-athletes and parents.

If a meeting with the coach did not provide satisfactory resolution then call and set up an appointment with the Athletic Director. At this meeting the appropriate next step can be determined. You must speak with the coach FIRST. **We will not make an appointment with the AD until this first step is taken.**

Alameda Intl School Athletic Department PARENT/ATHLETE HANDBOOK CERTIFICATION

We, _____ and

Parent/Guardian

Printed Student Name

have received and read the Alameda Intl International Schools Student/Parent Handbook. We understand the rights and responsibilities pertaining to student athletes and agree to support and abide by the rules, guidelines, procedures and policies of the Student/Parent Athletic Handbook.

Parent/Guardian Signature

Student Signature

Date

